





# Chantal Cottage Day Respite Program

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>9.00am-3.00pm <b>Physiotherapy Assessment Clinic</b> <sup>1</sup></p> <p><b>Morning exercise and group activities</b></p> <p>Program – <b>Welcome to May, things that happened in May</b></p> <p>Afternoon activities: Bingo, Floor game and music program</p>
<p><b>Morning exercise and group activities</b> <sup>4</sup></p> <p>Program – <b>Rivers of the world</b></p> <p>Lunch</p> <p>Afternoon activities: Bingo, Floor game and music program</p>	<p><b>Morning exercise and group activities</b> <sup>5</sup></p> <p>Program – <b>Mexican Day</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p><b>Bus outing to Fagan Park and picnic lunch</b> <sup>6</sup></p> <p>9.30am - <b>Morning tea and social chat with friends</b> before we head out</p> <p>10.30am <b>Bus outing to Fagan Park</b> We will go for a scenic drive where we will have a lovely picnic lunch and enjoy the fresh air</p>	<p><b>Morning exercise and group activities</b> <sup>7</sup></p> <p>Program – <b>Autumn art and craft, Mother's day craft</b></p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p>9.00am-3.00pm <b>Physiotherapy Assessment Clinic</b> <sup>8</sup></p> <p>10.30am-12pm – <b>Carer &amp; Family Support</b></p> <p><b>Morning exercise and group activities</b></p> <p>Program – <b>Mother's day</b></p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>
<p><b>Morning exercise and group activities</b> <sup>11</sup></p> <p>Program – <b>Musical instruments</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p><b>Morning exercise and group activities</b> <sup>12</sup></p> <p>Program – <b>Famous Australians</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p> <p><b>Tovertafel activity</b></p>	<p><b>Bus outing to Windsor</b> <sup>13</sup></p> <p>9.30am <b>Morning tea and social chat with friends</b> before we head out</p> <p>10.30am <b>Bus outing to the historic township of Windsor and enjoy a picnic lunch</b></p>	<p><b>Morning exercise and group activities</b> <sup>14</sup></p> <p>Program – <b>Food of the world</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p>9.00am-3.00pm <b>Physiotherapy Assessment Clinic</b> <sup>15</sup></p> <p><b>Morning exercise and group activities</b></p> <p>Program – <b>English Comedy</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>
<p><b>Morning exercise and group activities</b> <sup>18</sup></p> <p>Program – <b>African Safari</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p><b>Morning exercise and group activities</b> <sup>19</sup></p> <p>Program – <b>Food around the world</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p><b>Bus outing to Pie in the sky</b> <sup>20</sup></p> <p>9:30am - <b>Morning tea and social chat with friends</b> before we head out</p> <p>10.30am - <b>Bus outing to Pie in the Sky and have one of their famous pies and enjoy the view</b></p>	<p><b>Morning exercise and group activities</b> <sup>21</sup></p> <p>Program – <b>Fashion of the 1920's</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p> <p><b>Tovertafel activity</b></p>	<p>9.00am-3.00pm <b>Physio Assessment Clinic</b> <sup>22</sup></p> <p>10.30am-12 pm – <b>Carer &amp; Family Support</b></p> <p><b>Morning exercise and group activities</b></p> <p>Program – <b>Creatures of the Ocean</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>
<p><b>Morning exercise and group activities</b> <sup>25</sup></p> <p>Program – <b>Name that Flower and learn their meanings</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p><b>Morning exercise and group activities</b> <sup>26</sup></p> <p>Program – <b>The Price is Right- focus on shopping</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p> <p><b>Tovertafel activity</b></p>	<p><b>Bus outing Galston to Bahai Temple at Ingleside</b> <sup>27</sup></p> <p>9:30am - <b>Morning tea and social chat with friends</b> before we head out</p> <p>10.30am - <b>Bus outing to Bahai Temple at Ingleside.</b> We will have lunch and enjoy this special place</p>	<p><b>Morning exercise and group activities</b> <sup>28</sup></p> <p>Program – <b>Famous Train journeys – arm chair travel</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p>	<p>9.00am-3.00pm <b>Physiotherapy Assessment Clinic</b> <sup>29</sup></p> <p><b>Morning exercise and group activities</b></p> <p>Program – <b>Shoes we love</b></p> <p>Lunch</p> <p>Afternoon activities: <b>Bingo, Floor game and music program</b></p> <p><b>Tovertafel activity</b></p>